

Lunch week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	HOMEMADE BEEF BURGER TOPPED WITH CHEESE	CHICKEN FAJITA WITH PEPPERS AND ONION ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY	HAND CARVED ROAST TURKEY WITH GRAVY	CHICKEN CURRY SERVED WITH PILAU RICE	BREADED FISH FINGERS WITH CHIPS & PEAS
PLANT BASED / VEGETARIAN	VEGETABLE BURGER TOPPED WITH CHEESE	VEGETARIAN QUORN CHILLI SERVED WITH SAVOURY RICE ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY	BROCCOLI PASTA BAKE	SPINACH AND LENTIL CURRY SERVED WITH PILAU RICE	ROASTED VEGETABLE & TOMATO PENNE PASTA
STREET FOOD	CHICKEN SHWARMA FLATBREAD WITH COLESLAW	VEGETABLE SUPREME FRENCH BREAD PIZZA	CHICKEN GYRO PITTAS WITH PEPPERS, TZATSIKI	JUMBO HOT DOG WITH ONIONS	PIRI PIRI CHICKEN WRAP
TAKEAWAY TUBS	VEGETABLE NOODLES SWEET CHILLI SAUCE PENNE ARRABIATA	SPICY CHICKEN WINGS TOMATO & BASIL PASTA	CHICKEN ALFREDO SPAGHETTI POMODORO	CHILLI BEEF CON CARNE WITH RICE MAC 'N' CHEESE	BBQ CHICKEN WINGS PATATAS BRAVAS
PIZZA SLICE	MARGHERITA PEPPERONI	MOZZARELLA PINEAPPLE HAWAIIAN	MARGHERITA SPICY CHICKEN	TOMATO, GREEN CHILLI & MOZZARELLA BBQ CHICKEN	MARGHERITA AMERICAN HOT
PANINI'S	A SELECTION OF PANINIS & FILLINGS				
JACKETS	TRY OUR DELICIOUS FILLINGS FOR 75p EACH				
DESSERTS	BAKED CINNAMON SHORTBREAD BISCUIT	APPLE PIE WITH CUSTARD	WARM CHOCOLATE BROWNIE	LEMON CURD SPONGE & CUSTARD	FRUIT MUFFIN

Meal Deal

Main Meal
With Vegetables
And Dessert



+



+



£2.45

All Of Our Main Meals,
Sandwiches & Desserts Are
Freshly Made On Site Every Day