

Lunch week 2

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	SAUSAGE & MASH WITH ONION GRAVY	BEEF BURRITOS	ROAST CHICKEN WITH GRAVY	CHICKEN TIKKA CURRY WITH TURMERIC INFUSED RICE	CRISPY FRIED FILLET OF FISH
	ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY				
PLANT BASED / VEGETARIAN	VEGETABLE SAUSAGE & MASH	VEGETABLE QUESADILLAS	MAC 'N' CHEESE	CAULIFLOWER & POTATO CURRY	ROAST BELL PEPPER FRITATTA
	ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY				
STREET FOOD	CHICKEN KATSU CURRY WITH RICE	CHILLI BEEF TACOS WITH TOMATO SALSA	MEATBALL & MASH POTATO WITH PEAS	JUMBO HOT DOG WITH CHEESE	CHICKEN KAATHI IN A FOLDED NAAN
TAKEAWAY TUBS	MEATBALLS ITALIANO • PENNE ARRABIATA	PASTA CARABONARA • TOMATO & BASIL PASTA	CHICKEN ALFREDO • SPAGHETTI POMODORO	CHILLI BEEF CON CARNE & RICE • MAC 'N' CHEESE	BBQ CHICKEN WINGS • PATATAS BRAVAS
PIZZA SLICE	• MARGHERITA • PEPPERONI	• MOZZARELLA • PINEAPPLE HAWAIIAN	• MARGHERITA • SPICY CHICKEN	• TOMATO, CHILLI & MOZZARELLA • BBQ CHICKEN	• MARGHERITA • AMERICAN HOT
PANINI'S	A SELECTION OF PANINIS & FILLINGS				
JACKETS	TRY OUR DELICIOUS FILLINGS FOR 75p EACH				
DESSERTS	STEAMED CHOCOLATE SPONGE WITH CUSTARD	APPLE & SULTANA PIE	OATY RAISIN COOKIE	RHUBARB SHORTCAKE CRUMBLE	SWEET POTATO MUFFIN

Meal Deal

Main Meal
With Vegetables
And Dessert



£2.45

All Of Our Main Meals,
Sandwiches & Desserts Are
Freshly Made On Site Every Day