

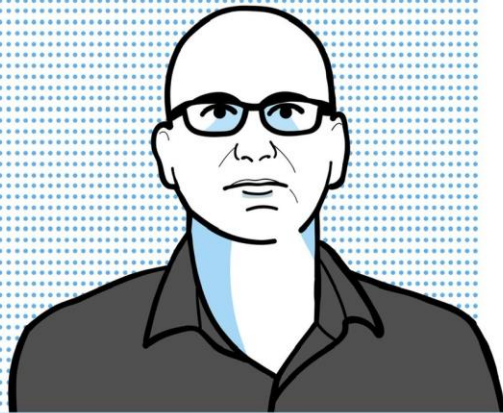
Use Regular Retrieval Practice



Holderness Academy
& Sixth Form College

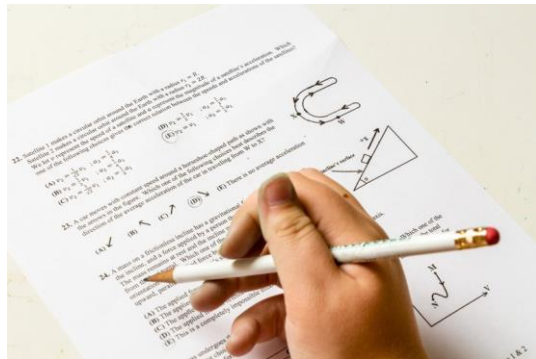


THE CONSORTIUM
ACADEMY TRUST



Daniel Willingham

“ Memory is the residue of thought, the more you think about something, the more likely it is you'll remember it later. ”



- **Regular retrieval practice** is worth about 7 months of additional learning to your grade – That is almost a **whole GCSE grade!**
- This could be summarising information into condensed notes or mindmaps, answering past paper questions or even completing homework regularly.
- What ever you do it must be **ACTIVE**, you need to think about whatever you are learning and check its correct



Aspirational, Resilient, Respectful, Kind