



“from a seed a flower grows as do people who blossom in life”

My name is Gemma Oaten and I am Patron of SEED (Support & Empathy for people with Eating Disorders) which is a charity supporting those people who suffer from or caring for someone with an Eating Disorder.

I wanted to share some exciting news. SEED have produced a Toolkit to Educate and Raise Awareness of Eating Disorders in schools and I would ask that you consider this for your own school. Using our toolkit will help schools evidence base their commitment and actions to OFSTED to ensure wellbeing within their organisation.

We have received an informative and fantastic review of our Toolkit from Teacher of Sci, that gives you everything you need to know... <https://teacherofsci.com/pshe-scheme-of-work/>

In addition The Newland Girls School in Hull have also written an encouraging account of how they found the resource.

Statement from Kerry Whitfield – Head of House and Teacher of Health and Social Care and Child Development for Newland Schools for Girls.

“It was a pleasure working Marg and Gemma Oaten. Newland School for Girls had the privilege of trialling the toolkit. My pupils and I found the experience to be very rewarding. The information we gained not only helped individual pupils, but also allowed us to use the information as part of Health and Social Care Coursework. I would highly recommend the toolkit. I would urge any school or placement that engages with children and young adults to purchase the toolkits and educate them using this easily understood and incredible resource.”

Eating disorders have the highest mortality rate of any other mental health illness with 20% of people dying every year as a direct result of their illness or through suicide. Mental Health in Schools is high profile and with one in five people developing eating disorders, schools must take this seriously.

I know the pain of this illness all too well as I battled for 13 years from anorexia at the age of 10 years old. Early intervention is key, this toolkit could make a difference and save lives.

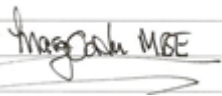
I would be delighted to talk further.

The price of the toolkit is £295.00 and the license is renewable annually. It is one license per school and not one license inclusive of associated academy schools.

To learn more register your interest via <https://toolkit.seedeatingdisorders.org.uk/>

I very much look forward to hearing from you,

Kind regards


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