

EXPLORER



Aspirational

SCHOLAR



Resilient

LEADER



Respectful

COLLABORATOR



Kind



Holderness Academy
& Sixth Form College

A PARENT'S GUIDE TO YEAR 11 REVISION

“ How to help your child through examinations
at Holderness Academy & Sixth Form College ”





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SUPPORTING YOUR CHILD

Evidence shows that parental support is eight times more important in determining a child's academic success than other factors. The ethos and culture that you instil in your child at home can make all the difference. As a parent you cannot be expected to know all subject areas and every piece of curriculum knowledge and you do not have to. Promoting a positive working ethos and encouraging your child to do their very best is essential!

PARENTAL SUPPORT:

- Provide resources (paper, coloured pens, snacks!) and a quiet space for revision, a designated area in the home explicitly dedicated to your child's revision. An area where things can be left out is perfect
- 'Study Buddy' - show an interest in their work, test them after each topic is revised - this can be done using resources such as question cards your child can make as part of their studies
- 'Sounding Board' - listen to your child's ideas and respond with constructive feedback and comments
- 'Advisor' - help your child to break tasks down so they are manageable
- 'Project Manager' - agreeing the rules for homework or revision. Implement rewards when targets are met. Organise non-study activities with them
- 'Supporter' - liaise with your child's Progress Leader if problems should arise
- 'Planner' - work out schedules and revision timetables with them

WHAT TO AVOID

- Make comparisons with other siblings or yourself at a younger age
- Force them to revise in a way that suits you and not them
- Give them permission (or an excuse!) to perform badly
- Accept that they have been revising without evidence!

REVISION MISCONCEPTIONS (what your child may tell you!)

- **"It's too early to start yet."** – It isn't, effective revision starts early and continues at a steady pace
- **"It's too late to start now."** – 'It's never too late to start. Better to start early, but better late than never'
- **"My friends haven't started revising yet."** – They have, they just haven't told you yet. Surprisingly, these are the same friends who also seem to achieve well 'without revision'
- **"You can't revise for this subject."** – You can and you should! There is always something you can be doing
- **"You don't need to do well in this subject."** – Wrong! Universities and employers want consistent results in a competitive marketplace. A poor grade or fail grade shows you only work hard if you feel like it
- **"Revision is boring."** – If it is you are doing it wrong, good revision is active and varied
- **"I can revise and do other things at the same time."** – Certainly not! Concentration is key. Texting, instant messaging, watching TV and listening to music can reduce your levels of concentration by a huge margin, and it is likely that revision will result in your memorising of song lyrics!

TIPS FOR REVISING

WHAT IS REVISION?

It means 're-looking' at information you have learnt previously to commit it to your long term memory. The aim is that you know the information you will be tested on and can recall it for the exam. **Knowing something depends on understanding it.**

THE AIM OF REVISION

The aim is to reduce the amount of information in a subject to a series of key points, any of which you can expand upon in an exam answer. The key point, phrase or word prompts your brain to retrieve the information stored in it. At the end of your revision for each topic or subtopic, aim to have a prompt card or A4 sheet of **KEY** points for that section.

THE STRUCTURE OF REVISION SESSIONS

Revision should be active and engaging. This also provides an excellent opportunity for parents/carers to get involved too! Useful revision involves **DOING SOMETHING** with the information to be learnt and remembered. This is essential to allow the brain to remember, learn and make connections. Different people find different activities useful, your child will need help to find the best techniques for them.

Advise your child that good revision techniques always include:

- An aim for the session e.g. 'By the end of this 30-minute revision session I will understand and be able to answer questions on Photosynthesis'
- Thinking about what you know already and identifying the bits you need to spend more time on (usually by doing some sort of self-testing. Many revision aids include opportunities for self-testing)
- Breaking down each topic into 'double' chunks. Revise each section-not just reading the information but doing something active with it
- Producing notes (shorter each time you revise a particular area) noting key points, phrases or words.
- Testing yourself to see what you have learnt
- Ticking off the subject on your 'overall list' so that you can see regular progress
- Revisiting your notes briefly after one day, one week and one month, as well as 1 just before the exam-THIS REALLY WORKS
- Drawing 'spider maps' on large pieces of paper to show how different parts of a subject hang together
- Use pictures, large flip chart sheets and colour to make posters with key points. Display these on walls where you will see them regularly (blu-tac needed!)
- Put revision aids up around the home-especially for 'rote learning' (chemical or mathematical formulae, French verbs etc). Read them when brushing your teeth, eating breakfast etc
- Record yourself saying ten key points about a particular topic, then play it back when you are travelling, running etc
- Highlight key areas of notes or books (if yours), picking out the key points or summaries
- Listen to tapes of books and plays and discuss them with another person
- Watch revision DVDs but don't just sit back passively-pause them and make notes of key or difficult areas, test yourself or get someone to watch with you and test each other
- Read a page and shut the book-what can you remember?
- Ask people around you to test you on 'rote knowledge'-have a Family Quiz Night!

MEMORY TECHNIQUES

ACRONYMS (using the first letter of each word to make a word to prompt your memory)-you may find it hard to remember this sentence: 'Wholly Inadequate Needless Damned Outrageous Waste of Space'. However, turn it into an acronym and it becomes much easier: WINDOWS.

PICTURE STORIES (thinking of a strong visual image to associate with each word and linking them together in an unlikely or silly story)-you may find it hard to remember the facts in this sentence simply by reading it through: 'The Great Plague struck London in 1665, followed by the fire of London in 1666, starting in the shop of the baker to King Charles II in Pudding Lane.'

Try this out: get a picture of a large rat (the plague) running around before being burnt (plague year before fire) in a bread oven (bakers' shop) with the flames curling up around it like the curls of the numbers 666 (1666), and then being put into a pudding (Pudding Lane) eaten by two King Charles spaniels (King Charles II). Go through the picture sequence a couple of times and see if you can remember the seven facts in the sentence. Ask someone to test you, and see if it works for them.

MNEMONICS-make up a silly sentence to help you remember the order of something e.g. Never Eat Shredded Wheat (North, South, East and West).

REVIEW-take time occasionally to ask yourself how well your revision techniques are working for you. How much have you covered? Have you stuck to your timetable? Are you ending up with notes you can use for last minute revision? Congratulate yourself for all the subjects you have covered. Change your timetable plan if necessary.

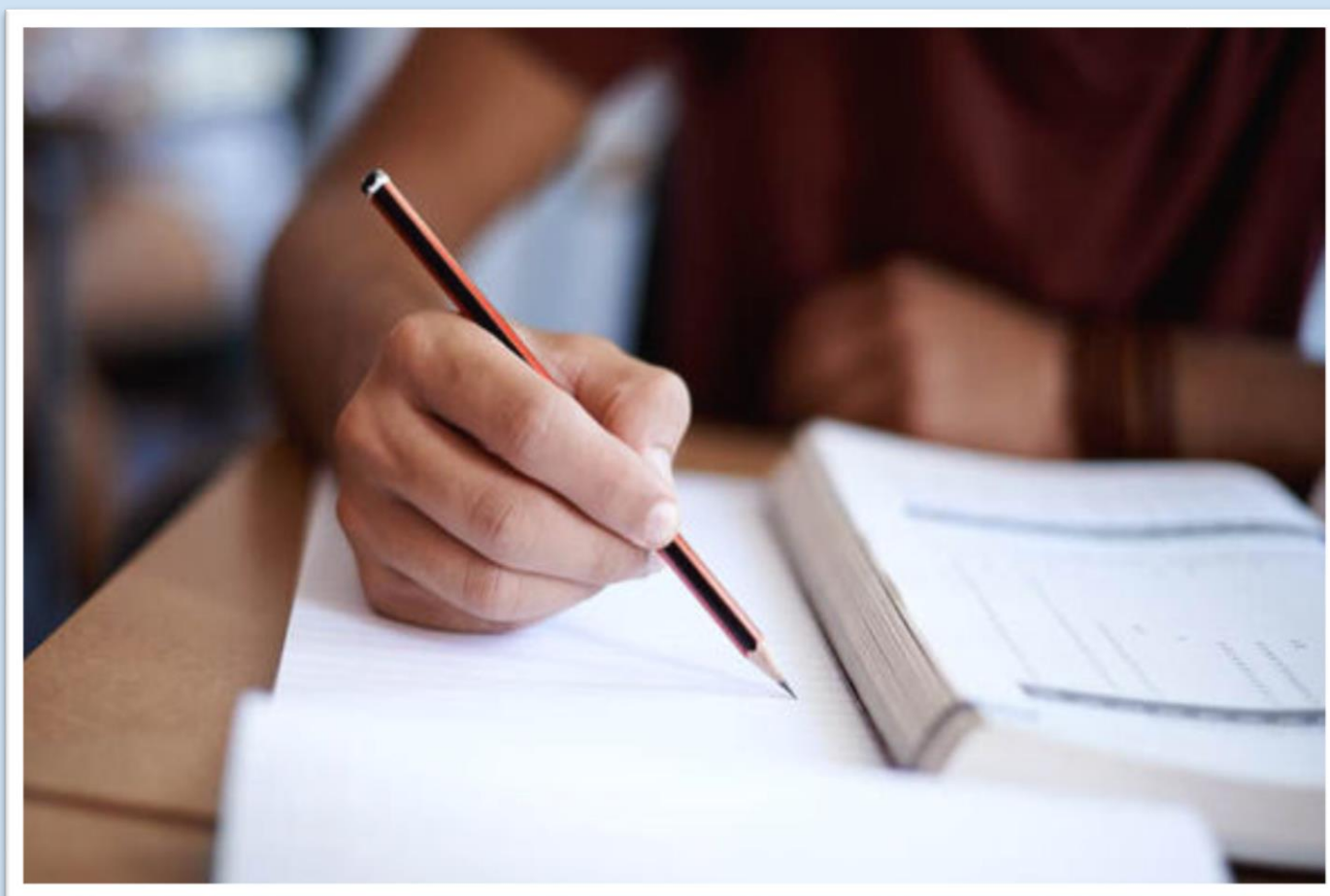
LATER ON-try some past exam questions (you will do lots of these in class as well!). Make sure you set the appropriate time limit and try to work under exam conditions. It is worth looking at them early to get an idea of the sort of questions you will be answering. Do these in plenty of time so that your teacher can help you with any concerns.



**YOU CANNOT ESCAPE THE RESPONSIBILITY
OF TOMORROW BY EVADING IT TODAY.**
- ABRAHAM LINCOLN

QUICK TIPS FOR REVISING TO SHARE WITH YOUR CHILD

- Make yourself start, however much you don't want to-the hardest bit is over with then!
- Build in short breaks, every 20-30 minutes
- Do frequent short exercises-stretches, neck and shoulder rolls, walking around
- Drink water, get fresh air and keep the temperature cool
- Eat 'brain food', avoid sugar and have healthy snacks around to eat Take a day off and do something completely different (every now and then)
- Do not leave the difficult bits to the end
- Do something relaxing between revising and bedtime
- Stop and take a break if you start feeling frustrated, angry, and overwhelmed. Make a note of the problem to take to your next lesson, and move onto something else
- Focus on what you have done, not all the things that you haven't-every little helps
- Promise yourself rewards after each session-watching TV, reading a book or going out with friends
- At the end of each session, file away your notes so your work area is clear for next time
- If you have regular activities you participate in, playing football, walking the dog, build these into your revision schedule





REVISION PLUS

Start Date: TBC

WHAT IS REVISION PLUS?

Revision Plus is a strategy employed by the Academy to offer an extra layer of support for Year 11 students in the run up to their GCSE examinations. Students will be timetabled three Revision Plus sessions a week on a Monday, Tuesday and Wednesday between 15:05 & 16:00. Students will be guided to the subjects that they require the most help and will not be able to choose their own destinations. This is because many students like to revise their favourite subjects, which is not always where the need for revision is. The Academy feel this directed approach allows students to maximise their progress. Please note late buses are available on 'Revision Plus' days. It is an expectation that all Year 11 students attend scheduled Revision Plus sessions.

REWARDS

Each student will receive a Revision Plus loyalty card, upon attending each session students will receive a stamp. Students who fill their loyalty card can choose between £10 off their prom ticket or a £10 gift voucher.

The ultimate reward for any student attending these extra sessions is progress, fulfilling your potential and going onto the next stages of your education with grades that represent your capabilities, employment or training!

"Revision Plus made all the difference for me, I needed additional time with subject teachers to discuss key terms"

Summer - Holderness Academy Sixth Form Student and now Year 11 Student Mentor

"Revision Plus gave me the opportunity to revise the subjects I didn't like doing at home"

Elliot - Holderness Academy Sixth Form Student and now Year 11 Student Mentor

"It gave me the foundations to revise more effectively at home in order for me to fulfil my potential"

Luke - Holderness Academy Sixth Form Student and now Year 11 Student Mentor



CANDIDATE INFORMATION: THE JOINT COUNCIL OF QUALIFICATIONS

NOTICE TO CANDIDATES

This notice has been produced on behalf of: AQA, City & Guilds, CCEA, Edexcel, OCR and WJEC.

GCSE, GCE, ELC, Functional Skills and Project Qualifications

COURSEWORK ASSESSMENTS

Before you submit any coursework for marking, you will be asked to sign an 'Authentication Statement' confirming that you have read and followed these regulations.

If there is anything that you do not understand, you must ask your teacher.

Coursework provides you with an opportunity to do some independent research into a topic. The research you will do will involve looking for information in published sources such as textbooks, encyclopaedias, journals, TV, radio, and on the internet.

Using information from published sources (including the internet) as the basis for your coursework is a good way to demonstrate your knowledge and understanding of a subject, but you must take care of how you use this material-you cannot copy it and claim it as your own work.

The regulations state that:

"The work which you submit for assessment must be your own."

"You must not copy from someone else or allow another candidate to copy from you."

If you use the same wording as a published source, you must place quotation marks around the passage and state where it came from. This is called "referencing". You must make sure that you give detailed references for everything in your work which is not in your own words.

A reference from a printed book or journal should show the name of the author, the year of publication and the page number, for example: (Morrison, 2000, pg.29). For material taken from the internet, your reference should show the date when the material was downloaded and must show the precise web page, not the search engine used to locate it. For example: (<http://www.bbc.co.uk/schools/16/sosteacher/history/49766.shtml>), downloaded 12 February 2016.

You must also include a bibliography at the end of your work which lists the full details of publications you have used in your research, even where these are not directly referred to, for example: Morrison, A. (2000) "Mary, Queen of Scots", London: Weston Press.

If you copy the words or ideas of others and don't show your sources in references and a bibliography, this will be considered as cheating.

PREPARING YOUR COURSEWORK-GOOD PRACTICE

If you receive help and guidance from someone other than your teacher, you must tell your teacher who will then record the nature of the assistance given to you.

If you worked as part of a group on an assignment, you must each write up your own account of the assignment. Even if the data you have is the same, the description of how the data was obtained and the conclusions you draw from it should be in your own words.

You must meet the deadlines that your teacher gives you for submitting drafts and final pieces of work. Your teachers are there to guide and assist you-showing them your work as it progresses will allow you and your teacher time to sort out any problems before it is too late.

Take care of your work and keep it safe. Do not leave it lying around where your classmates can find it. You must always keep your coursework secure and confidential whilst you are preparing it; do not share it with your classmates. If it is stored on the computer network, keep your password secure. Collect all copies from the printer and destroy those you do not need.

Do not be tempted to use essays from online essay banks-this is cheating. Electronic tools used by awarding bodies can detect this sort of copying.

PLAGIARISM

Plagiarism involves taking someone else's words, thoughts or ideas and trying to pass them off as your own. It is a form of cheating which is taken very seriously.

Do not think you won't be caught; there are many ways to detect plagiarism. Markers can spot changes in the style of writing and use of language.

Markers are highly experienced subject specialists who are very familiar with work on the topic concerned-they may have read the source you are using (or even marked the essay you have copied from). Internet search engines and specialised computer software can be used to match phrases or pieces of text with the original sources and to detect changes in the grammar and style of writing or punctuation.

PENALTIES FOR BREAKING THE REGULATIONS

If your work is submitted and it is discovered that you have broken the regulations, one of the following penalties will be applied:

- the piece of work will be awarded zero marks;
- you will be disqualified from that unit for the examination series;
- you will be disqualified from the whole subject for that examination series;
- you will be disqualified from all subjects and barred from entering again for a period of time

Your awarding body will decide which penalty is appropriate.

REMEMBER-IT IS YOUR QUALIFICATION SO IT NEEDS TO BE YOUR OWN WORK

This declaration will be signed by all students submitting coursework. In addition, students will be asked to sign a further declaration regarding the opportunity for re-marks of examination papers.



EXAMINATION EXPECTATIONS

BEFORE LEAVING HOME

Breakfast is the most important meal of the day! It kick-starts your metabolism, helping you burn calories throughout the day. It also gives you the energy you need to get things done and helps you focus at school. Make sure you keep hydrated by having a bottle of water with you.

BEFORE THE EXAM

Students will receive an exam timetable a few weeks before their first exam. During tutor time students will be asked to copy these into their planners in the event their exam timetable be lost or damaged. Please encourage students to make an additional copy at home, perhaps as part of their revision timetable.

It is important that students have all the necessary equipment in preparation for their examinations. Students should have a clear see through pencil case that includes, black pens (a couple just in case), pencils, a ruler, a rubber and a calculator (the Mathematics and Science Faculties have already suggested a specific calculator).

Before each examination students will be expected to attend a pre-exam briefing, this is a quick motivational talk with a member of staff who will share with students some handy hints and tips to help them in the exam and go over last minute learning. Students are asked to be punctual arriving at the briefings before each examination. More exact details are shared with students on the morning of each examination in tutor time.

Students should leave all electronic devices at home or turned off in their bags before entering the examination in silence.

DURING

As soon as the students have entered the exam they are in examination conditions and must remain in silence. Students should find their seat which is found on their exam timetable, place their pencil case on the desk and their watch if they are wearing one. **Smart watches are not allowed.** At this time students will be briefed on start and finish times and reminded of exam expectations. We then wish students the best of luck! (though they will be well prepared-you make your own luck!)

AFTER

Once the exam has finished students will be asked to put down their pens, at this time, students must stay in exam conditions until they have left the examination rooms. Students will be dismissed a row at a time in silence, on occasions some students will have more time or may even be sitting a different paper, it is essential that students respect one another at this time.

RESULTS

Students will be given a 'save the date' hand out later in the term that gives information of this Summer's results day. Staff will be there to share this wonderful but nerve wracking experience. Colleagues from the Sixth Form and Careers will be on hand to offer advice and guidance with next steps should your child need it. This is a real opportunity for celebration of the culmination of hard work.

SUBJECT COURSE INFORMATION

Exam Boards

Faculty	Subject	Exam Board
PE	GCSE Physical Education	Edexcel
	Cambridge National	OCR
Science	Separate Biology/ Chemistry/ Physics	AQA
	Combined science (trilogy)	AQA
English	English Language	Edexcel
	English Literature	AQA
Mathematics	Maths	Edexcel
	Further Maths	AQA
Humanities	History	Edexcel
	Geography	Edexcel
	R.E	Edexcel
Modern Foreign Languages	French	AQA
	Spanish	AQA
	German	AQA
Business Studies and ICT	Business	OCR
	BTEC DIT	Edexcel
	Computer Science	OCR
Creative and Expressive Arts	DT Product Design	OCR
	Textiles	AQA
	DT Food	AQA
	Art	AQA
	Music	Edexcel
	Drama	Edexcel

Revision Resource Information

Faculty	Subject	Useful websites	Name of Revision Guide
PE	Physical Education	Brianmac.co.uk TeachPE.com hwww.pearsonschoolsandfecolleges.co.uk/secondary/Revision/PE/	Edexcel Unit 1 Theory of PE Edexcel Unit 2 Theory of PE
Science	Separate Biology/ Chemistry/ Physics	Kerboodle.co.uk (username and login has been issued to all students) bbc.bitesize.co.uk Seneca sciencevideos.co.uk	CGP Combined Science revision OR CGP Biology, Chemistry, Physics separate revision
	Combined science (trilogy)		
English	English Language	Follow us on Twitter for revision and top tips @SHTC_English Seneca Revision set through Google Classrooms YouTube channels: https://www.youtube.com/channel/UCEp3SR3KaDzg8jSe12tGnGg (The English Teacher)	Revise Edexcel GCSE (9-1) English Language Revision Guide
	English Literature	Follow us on Twitter for revision and top tips @SHTC_English Seneca Revision set through Google Classrooms YouTube channel: https://www.youtube.com/user/mrbruff (Mr Bruff)	Various guides available for a range of texts. Please ask your teacher for the relevant guide.
Mathematics	Maths	www.sparx.co.uk https://corbettmaths.com/ Parent-Student Revision Sheets (H:_Mathematics_Parents-Student Revision Sheets) Past Papers	Revise Edexcel GCSE (9-1) Mathematics Revision Workbook Higher (Pearson) Revise Edexcel GCSE (9-1) Mathematics Revision Guide Higher (Pearson) Revise Edexcel GCSE (9-1) Mathematics Revision Workbook Foundation (Pearson) Revise Edexcel GCSE (9-1) Mathematics Revision Guide Foundation (Pearson)
	Further Maths	Past Papers https://www.youtube.com/playlist?list=PLznVNHs2GZAK5s5AJcaloxsmvgHbvwb	
Humanities	History	https://www.bbc.co.uk/bitesize/examspecs/zw4bv4j Google Drive - Student resources Google Classroom	Revise Edexcel GCSE (9-1) History Revision Guide Crime and Punishment (Pearson) Revise Edexcel GCSE (9-1) History Revision Guide Weimar and Nazi Germany (Pearson) Revise Edexcel GCSE (9-1) History Revision Guide American West (Pearson) Revise Edexcel GCSE (9-1) History Revision Guide Anglo-Saxon and Norman England (Pearson)
	Geography	https://www.bbc.co.uk/bitesize/examspecs/zsytxsg Google Drive - Student resources Google Classroom	Revise Edexcel GCSE Geography A
	R.E	https://www.bbc.co.uk/bitesize/examspecs/zm9pd6f Google Drive - Student resources Google Classroom	Revise Edexcel GCSE (9-1) Religious Studies B Revision Guide
Modern Foreign Languages	French	Resources on Google classroom/ pre recorded lessons/ learning homework. Seneca activities/ Exam pro assessed pieces with feedback/ Pearson revision power points placed on Classroom/ Access to Studio 4 revision modules and vocabulary pages	Pearson AQA Revision Work book and revision guide
	Spanish	Google classroom pre recorded lessons/ learning homework and resources/ Exam pro assessed pieces and on Classroom/ Power points from teacher/ AQA/ Pearson to support learning/ Use of Seneca/ access to Viva electronic textbook	Pearson AQA workbook and revision guide
	German	Resources on Google classroom. Pre recorded lessons and learning homework resources/ Exam pro assessed pieces/ Access to Seneca/ Access to electronic textbook (Stimmt)	Pearson AQA revision guide and workbook

[illegible]

**“Do the best you can until you know better.
Then, when you know better, do better.”**

Maya Angelou

**“I’m a great believer in luck, and I
find the harder I work the more I have of it.”**

Thomas Jefferson (1743-1826)

Good Luck Class of 2021

from all at Holderness Academy & Sixth Form College



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