



ARRK

Aspirational • Resilient • Respectful • Kind

Our Learning Journey - Year 10

2021-22

These are the topics we will cover this year:

<u>Living in the Wider World</u>	Complete?
Sexting & Sharing Images	
Harassment & Stalking	
Hate Crime	
Racism	
PREVENT	
County Lines	
Child Sexual Exploitation	
<u>Relationships</u>	Complete?
Choices Around Sex	
Consent & the Law	
HIV & AIDS	
Pregnancy	
Families	
Marriage	
Forced & Arranged Marriages	
Parenting	
<u>Mental Health</u>	Complete?
Change	
Reframing Negative Thinking	
Recognising Mental Ill Health	
Promoting Emotional Wellbeing	

All are part of the Relationships and Sex Education framework, and are compulsory. If you are concerned about any of the topics, please speak to your ARRK teacher, or any member of your Year Team or the Safeguarding Team.

THE HOLDERNESS LEARNER

“To inspire and empower young people to make a positive difference today; ready for tomorrow.”

Explorer Scholar Leader Collaborator



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2021-22

These are the topics we will cover this year:

<u>Careers</u>	<i>Complete?</i>
Personal Statements	
Apprenticeships	
Interview Skills	
<u>Relationships</u>	<i>Complete?</i>
Identity & Sexual Orientation	
Consent, Rape & Sexual Assault	
Safe Sex & Chem Sex	
Pornography: Associated Dangers	
Revenge Porn	
<u>Living in the Wider World</u>	<i>Complete?</i>
Online Blackmail	
Online Gaming & Gambling	
Binge Drinking	
Vaping, Nicotine & Addiction	
Drugs	

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