

Break

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE BAKERY	BELGIAN WAFFLES	SAUSAGE ROLLS	PANCAKES X 2	BELGIAN WAFFLES	SAUSAGE ROLLS
PLANT BASED	CHEESE & BEAN MELTS (V)	CHEESE PIZZA MELT (V)	VEG SAUSAGE, HASH BROWN POT (VE)	CHEESE PIZZA MELT (V)	HASH BROWN AND BEAN WRAP (VE)
HOT BREADS & SLICES	PEPPERONI PIZZA SLICE	MARGHERITA PIZZA SLICE (V)	SAUSAGE, HASHBROWN WRAP	PEPPERONI PIZZA SLICE	BBQ SAUSAGE LOADED PITTA BREAD
	BACON CHEESE FLATBREAD	BREAKFAST WRAP	BACON CHEESE FLATBREAD	BREAKFAST WRAP	BACON CHEESE FLATBREAD
THE HOT BAP PLACE	BACON BAPS	SAUSAGE BAPS	BACON BAPS	SAUSAGE BAPS	BACON BAPS
	CHEESE TOASTIE	HAM & CHEESE TOASTIE	CHEESE TOASTIE	HAM & CHEESE TOASTIE	CHEESE TOASTIE
ON THE SIDE	TOAST (VE)	TOAST (VE)	TOAST (VE)	TOAST (VE)	TOAST (VE)
FRUIT	SELECTION OF FRUIT & DESSERT POTS (V)	SELECTION OF FRUIT & DESSERT POTS (V)	SELECTION OF FRUIT & DESSERT POTS (V)	SELECTION OF FRUIT & DESSERT POTS (V)	SELECTION OF FRUIT & DESSERT POTS (V)



**Fresh
Fruit**



**Fresh
Smoothie**